

## LinAqua soft, solution for nasal cavity irrigation. Isotonic concentration for children and adults

### Description and composition

LinAqua soft is odorless and colorless solution for nasal cavity irrigation.

Natural sea water contains sodium chloride (NaCl) of 9 g/l (isotonic concentration) with osmolality 200-400 mOsm/kg.

Contains all active substances and trace elements of sea water: K, Mg, Na, Ca, Cl, Se, I, Zn, Cu, Fe, etc. Does not contain preservatives.

### Therapeutic indications

Otorhinolaryngology. The solution is intended for everyday nasal hygiene and as a part of complex treatment of ENT diseases for children from 1 year and adults.

### Properties

Solution provides moisturizing effect and relieves irritation.

Thoroughly rinses all parts of the nasal cavity and nasopharynx, flushing out bacteria, viruses, allergens, crusts, mucus, dust particles.

Maintains the normal physiological state of the nasal mucosa, boosts local immunity.

Reduces swelling of the mucous membrane of the nasal cavity and nasopharynx, helps to restore nasal breathing.

Helps to increase the therapeutic efficacy of medications applied in the nasal cavity and reduces the duration of respiratory diseases.

Reduces the risk of spreading the infection to the paranasal sinuses and ear cavity.

Accelerates the processes of regeneration of the mucous membrane of the nasal cavity and nasopharynx, reduces the risk of complications after surgery in nasal cavity and paranasal sinuses.

### Indications for use

For children from 1 year and adults:

- daily hygiene during epidemic of colds and flu;
- daily use in case of adverse environmental conditions (dry or polluted air);
- daily use as a part of complex treatment of acute and chronic inflammatory diseases of the nasal cavity: acute and chronic rhinitis; acute and chronic sinusitis; acute and chronic adenoiditis; allergic and atrophic rhinitis;
- to prepare the nasal cavity for nasal medications use;
- to accelerate the regeneration processes after surgery in the nasal cavity and paranasal sinuses

### Contraindications for use

- individual intolerance to the components of the solution;
- complete obstruction of the nasal passages;
- acute otitis and exacerbation of chronic otitis.

If in doubt consult your doctor or ENT specialist.

### Precautions for use

Inspect the packaging and product before use. Do not use the product if the packaging is damaged. Avoid contact with eyes.

### Possible side effects

No side effects have been reported.

### Interactions with other medicinal products and medical devices

Can be combined with all nasal products and physiotherapeutic procedures.

### Recommended dosage

As a part of complex treatment: flush out nasal cavity 4 times a day.

As a part of daily nasal hygiene: flush out nasal cavity 2-3 times a day.

The duration and frequency of use of the product is not limited.

### Recommendations for use

For children under 2 years:

- Lay baby down on his/her side or sit up with baby's head tilted to one side
- Remove the protective cap from the spray nozzle and gently insert the tip into the nasal passage
- Rinse the nasal cavity for a few seconds
- Help baby to seat and blow his nose
- If necessary, repeat the procedure
- Repeat the procedure in the other nostril



For children from 2 years and adults:

- Tilt your head to one side
- Insert the nozzle into one nostril
- Press the nozzle for several seconds, then blow your nose
- If necessary, repeat the procedure
- Repeat in the other nostril



Clean the spray tip and put on a protective cap after use.

### Special precautions

If you are pregnant or breastfeeding consult your healthcare specialist before use.

It does not interfere with the ability to drive or use machinery.

### Requirements for use

The product is for individual use only. Using at home does not require special training and special skills.

### Contents of the pack

Aerosol bottle (volume of 50 ml, 100 ml, 125 ml, 150 ml or 200 ml) with one or two spraying nozzles for nasal cavity.

Available spraying forms – “shower” or “soft shower”.

The “soft shower” nozzle is equipped with a special restrictive ring which prevents deep penetration and injury of the baby's nasal cavity.

### Shelf life

3 years. Do not use after expiration date.



### Manufacturer / For noncompliance please contact:

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### Storage conditions

Store at temperature from + 10 °C to + 30 °C, keep out of reach of children.

Keep away from heat. Keep out of direct sunlight and source of open flame.

